

# Newsletter

THE NORTHWEST REMINDER

VOLUME LI: ISSUE XI



## NOVEMBER 2021



Serving the congregation and friends of  
**Northwest United Protestant Church**  
Disciples of Christ



## A “GENTLE” REMINDER

Dear NWUP members and friends,

There are some days that invite gratitude, especially when we have good weather and loved ones nearby. But there are times when it is difficult to feel grateful, especially when we have gone through tough times, when we have experienced loss, or are in poor health.

In Psalm 100, the psalmist reminds us to “worship the Lord with gladness” and “enter God’s gates with thanksgiving.” In Philippians, the Apostle Paul writes, “I know what it is to be in need, and I know what it is to have plenty...in everything by prayer and supplication with thanksgiving let your requests be made known to God.” In other words, an attitude of gratitude is essential in our faith journey. There is always something to be thankful for in all circumstances, but it’s up to us to work on our gratitude muscles. Here are some simple ideas to help you get started.

Start your day with a simple gratitude prayer, “Thank you God for this new day.” Ask God to help you see the blessings before you complain about your concerns. Keep a gratitude list in a journal. Send a thank you card thanking someone for brightening your day. Create a gratitude board with photos, words, and poems that help you focus on your gratitude. You can also do this on your computer if you prefer. And finally, end your day with a brief thank you prayer. These are tangible ways to keep your focus and build up your attitude of gratitude. Challenge yourself this month to be mindful of the thoughts and attitudes of your heart and experience the difference that being grateful makes in our lives.

See you in worship!

*Blessings, Pastor Miriam*

# HAPPY BIRTHDAY



*Nov 9 — Bill Kendrick*

*Nov 11 — Parker Ayres*

*Nov 15 — Lynleigh Nelson*

*Nov 15 — Dalene Zabel*

*Nov 27 — Bill Miller*

*Nov 30 — Bea Pohto*



**P.K. PREACHER'S KIDS**

BY DAVID AYERS



## *Lighting the Path*

### FUNDRAISING CAMPAIGN

October 25 to November 12

Each year during the month of November, Chaplaincy Health Care holds their Lighting the Path Campaign to extend spiritual support to those in crisis or hospitalized, to provide guidance to children and families who've experienced the loss of a loved one and to raise funds for their hospice program. As a member church supporting Chaplaincy Health Care, we invite our friends and congregation to join in raising funds to continue supporting our community.

Chaplaincy's Services include working to increase comfort during illness, support on the journey through the pain of grief and making every moment matter with hospice care. Your support makes a significant impact and helps ensure that essential services are available at no cost for others when they need them most.

### **ZOOM BIBLE STUDY**

Join us this month for a Bible Study online focused on "Gratitude and Thanksgiving"

We meet Wednesdays at 6:30pm

Prior to the meeting, a Zoom link will be shared in an email. In

order to receive the link, please make sure we have your email address by contacting the office at [office@nwup.church](mailto:office@nwup.church).





# NEWS FROM THE PEWS

## Friends and Members Q & A

Keep an eye out for the new "questions and answers" in our newsletter! All responses used with permission.

### WHAT'S ONE THOUGHTFUL THING SOMEONE DID FOR YOU RECENTLY?

Mel and Onnie invited us to their yard to pick peaches. Onnie also gleaned through her vegetables, and found an acorn squash. I learned to cook the squash, and incorporated a wonderful new vegetable into our menus. We enjoyed the peaches fresh, in a pie, and froze several for later. So grateful for our friends.  
Carolyn L.



### WHAT'S ONE THING YOU ENJOYED ABOUT YOUR JOB RECENTLY?

My job is to help reduce the risk of injury or harm to the health of employees because of working conditions. Last week was a good week because after 6 months of jumping through hoops, we finally got permission to re-engineer some containers where we had employees injuring themselves.  
Dalene Z.

# WITNESS OF THE SAINTS

Sunday,	Oct 3
<b>In Finance:</b>	
Loose Offering	\$5.00
Rent (TOPS)	\$62.50
Water Bottle/Shoes	\$50.00
Week of Compassion	\$50.00
Memorial	\$50.00
Reconciliation	\$100.00
General Fund	\$1,855.00
<b>Total</b>	<b>\$2,172.50</b>

Sunday,	Oct 10
<b>In Finance:</b>	
Loose Offering	\$15.00
Building Fund	\$105.00
General Fund	\$1,605.00
<b>Total</b>	<b>\$1,725.00</b>

Wednesday,	Oct 13
<b>In Finance:</b>	
NA Rent (Step Sisters)	\$250.00
Memorial	\$50.00
Mission	\$50.00
General Fund	\$2,250.00
<b>Total</b>	<b>\$2,600.00</b>

Sunday,	Oct 17
<b>In Finance:</b>	
Loose Offering	\$25.00
Compassion (Cash)	\$36.00
Building Fund	\$50.00
General Fund	\$1,005.00
<b>Total</b>	<b>\$1,116.00</b>

Wednesday,	Oct 6
<b>In Finance:</b>	
NA Rent (Free Spirit)	\$62.50
NA Rent (Rush Hour)	\$62.50
Rent (Early Co-op)	\$2,000.00
Memorial	\$550.00
General Fund	\$360.00
<b>Total</b>	<b>\$3,035.00</b>

## ATTENDANCE

<b>Sunday, Oct 3:</b>	<b>78</b>
Worship	30
Facebook Live	48
<b>Sunday, Oct 10:</b>	<b>85</b>
Worship	28
Facebook Live	57
<b>Sunday, Oct 17:</b>	<b>66</b>
Worship	29
Facebook Live	37
<b>Sunday, Oct 24:</b>	<b>64</b>
Worship	22
Facebook Live	42

Sunday,	Oct 24
<b>In Finance:</b>	
Loose Offering	\$25.00
General Fund	\$1,220.00
<b>Total</b>	<b>\$1,245.00</b>

**Thank you to all our friends and members who continue to support NWUP with prayers, fellowship and finances. God Bless You**

November 2021					
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
	01	02	03	04	05
			Zoom Bible Study 6:30pm	Breakfast Bunch 8:00am	Pastor Day Off
07	08	09	10	11	12
Worship 9:45am			Zoom Bible Study 6:30pm		Pastor Day Off
14	15	16	17	18	19
Worship 9:45am <i>Elders Meeting</i> 7:00pm		Board Meeting 5:00pm	Stewardship & Finance 3:30pm <i>Zoom Bible Study</i> 6:30pm	Breakfast Bunch 8:00am	Pastor Day Off
21	22	23	24	25	26
Worship 9:45am			Zoom Bible Study 6:30pm	Thanksgiving Day	Pastor Day Off
28	29	30			
Worship 9:45am					

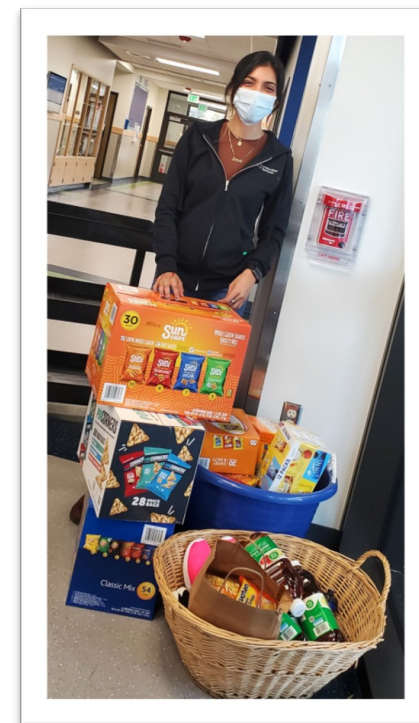
## SOCIAL CONCERNS

Thank you to all our friends who have donated to the October Shoe Drive and the Snacks for Students program!

We have seen a plentiful bounty, and have delivered the first wave of donations to Jefferson Elementary School.

In addition to shoes and snacks, we are happy to announce that we met our donation goal of fifty water bottles for students!

The blue donation bins are still available in the Narthex for last minute contributions.



### Northwest United Protestant Church

Pastor e-mail: [miriam.gentle@gmail.com](mailto:miriam.gentle@gmail.com)

Church office e-mail: [office@nwup.church](mailto:office@nwup.church)

Website: [nwup.church](http://nwup.church)

Facebook: [www.facebook.com/northwestupchurch](https://www.facebook.com/northwestupchurch)

#### Staff:

Miriam Gentle ..... Pastor

Anna Kion ..... Moderator

Toma Arabadzhi ..... Secretary

Sue Lincoln ..... Choir Director/Pianist

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Phone:(509) 946-3222