



# Northwest Reminder

Volume LI, Issue I



A Monthly Publication  
January 2021

A newsletter serving the congregation and friends  
of Northwest United Protestant Church

*LOVING AND SERVING CHRIST  
IN OUR COMMUNITY AND WORLD*



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## A “Gentle” Reminder

Dear NWUP members and friends;

Happy New Year! Welcome 2021!

Do you make New Year’s resolutions in January? When I was much younger, I used to think it was fun to make resolutions, until I realized I never kept them. Then I wised up and decided to not make any resolutions at all. My rationale for not making resolutions was simple, if I don’t make them, I can’t break them.

Seriously, I still don’t make resolutions in January. Why? I’ve started looking at the bigger picture and realized that making a resolution to eat well or exercise for a month or two isn’t the way to go. Any lifestyle change requires a total commitment and a total buy in. Habits are hard to break, because they are hard to make. A healthier life requires some hard work, but the results will be worth it. In other words, (or to borrow Nike’s slogan) Just do it!

So, it is with our spiritual lives. Don’t just make a resolution to read the Bible every day, or attend church more often, or make time for daily prayer, or give a more generous tithe. Just do it! The more you do it, the more it becomes a part of who you are. And it doesn’t have to start in January! It can happen any time. 2020 was a rough year, and 2021 will still have some rough spots. Even more reason to double down on renewing or starting your path to a healthy physical, mental, and spiritual life. What are some things you will be doing to make 2021 the best year?

Here are some of my (non) resolutions for 2021:

- Exercise more and eat less (Really, you must include this in any resolutions list!)
- Take time for wandering and being open to seeing new things along the way.
- Give myself permission to just be (this is difficult if you are task oriented!)
- Take a break from social media, while trying to embrace more online church opportunities. (And embrace the irony of it all!)
- See more of the Pacific Northwest and this lovely state I now call home.

Not an exciting list, I know, but it's a start. Here is the important thing to remember about New Year's resolutions...Do something today that your future self will thank you for. Imagine yourself in a few months and think about where you want to be, physically, mentally, spiritually and then, just do it, or at least make the motion toward that goal, step by step.

Now take that same exercise and imagine NWUP in a few months. What can you do now that our future congregation will thank you for? What foundations can you build on now for a healthy and vibrant future for NWUP? Make that commitment now. That's a resolution you'll want to stick with.

Blessings,  
Pastor Miriam

**Happy New Year from the Gentle Family!**



**Thank You!**

To all those who have donated to NWUP Church and to those who have continued to support the church even through this pandemic that we are facing. We value you as a congregation and we love seeing you every Sunday. Without your continued support and dedication to service in our community we would not be Northwest United Protestant Church! Stay warm and stay safe in our world that we face together. We look forward to seeing you soon!

# News From The Dews

## ◇ Joyce Jakes

- ◇ Thank you everyone at NWUP Church for the lovely flowers center piece that I received for Thanksgiving. I enjoyed them very much.

## ◇ Erica Nunez

- ◇ Thank you everyone at NWUP Church for the wonderful gifts and cards you gave Adam and I for Christmas. It was very much a surprise. Have a great New Years!

## ◇ Doris Ayres

- ◇ Camden would like to thank everyone that has been praying for him the past 8 months. He is doing well. He is enjoying his distance learning classes and is hoping to get an eye board soon so he can communicate better with people. He would also like to thank everyone for praying for his two buddies—Ayden and Arden. Both of them are doing better.

## ◇ Rev. Miriam Gentle

- ◇ Thank you for the Christmas gifts, cards, and well wishes. I am grateful for all of you!

# Community Photos



◇ **A Note From Your Treasurer**

- ◇ Please fill out the form above the treasurer's box and sign it when requesting reimbursements. Thanks and Happy New year!

◇ **Piano/Choir Director**

- ◇ Handbell Choir Ministry on a break from Dec. 25th through Jan. 6th, 2021.
- ◇ We will start back up on Jan. 10th and will like to invite anyone who would like to become a part of this Ministry, to join us on Wed. Jan. 13th at 10 a.m. in the Sanctuary.
- ◇ There is room for 8-11 ringers.
- ◇ You've never rung before? Come join us and I will teach you all you need to know. You will need to know how to count to 4 to be a ringer. The rest you will learn at rehearsals...
- ◇ Questions? Call the office for C. Sue Lincolns phone and email information.

◇ **Social Concerns Commission**

- ◇ We are grateful for your donations of shoebox gifts for Operation Christmas Child. World Relief of Tri-Cities appreciated your gifts of 2021 calendars. Local refugees use the calendars for tracking their many appointments, as a teaching tool, and for wall decorations. AmigoVision thanks you for your donations of used eyeglasses, and said they plan a trip abroad in Fall of 2021 to provide needed optical services. Spreading joy as we continue to work toward our mission of serving the community and the world.

# WITNESS OF THE SAINTS

## Sunday, December 06:

Online Worship: 129

### **In Finance:**

Loose Offering	\$10.00
Reimbursement	\$5.99
General Fund	\$860.00
<b>Total</b>	<b>\$875.99</b>

## Sunday, December 13:

Online Worship: 63

### **In Finance:**

Bldg. Fund	\$50.00
General Fund	\$1100.00
<b>Total</b>	<b>\$1150.00</b>

## Sunday, December 20:

Online Worship: 101

### **In Finance:**

Mission	\$200.00
Loose Offering	\$39.00
General Fund	\$1870.00
<b>Total</b>	<b>\$2109.00</b>

## Sunday, December 27:

X-mas Eve Worship: 76

Online Worship: 136

### **In Finance:**

Loose Offering	\$200.00
X-mas	\$20.00
Elders	\$20.00
Condo	\$795.93
General Fund	\$3545.00
<b>Total</b>	<b>\$4580.93</b>



<b>1/4</b>	Alex Nelson
<b>1/6</b>	JohnPaul Dudley
<b>1/24</b>	Deb Donahoe

# JANUARY 2021

<u>Sunday</u>	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>	<u>Saturday</u>
					01 Pastor Day Off <b>Office Closed</b> New Year's Day	02 FH Reserved
03	04	05	06	07	08	09
	FH Reserved <b>Alex Nelson</b>		FH Reserved Epiphany <b>John Paul Dudley</b>		<b>Pastor Day Off</b> 9:30 Worship Comm.	FH Reserved
10	11	12	13	14	15	16
Elder's Meeting 7pm	FH Reserved		FH Reserved Handbells 10am Stew&Fin.330pm		<b>Pastor Day Off</b>	FH Reserved
17	18	19	20	21	22	23
	FH Reserved Martin Luther King		FH Reserved Handbells 10am		<b>Pastor Day Off</b>	FH Reserved
24	25	26	27	28	29	30
<b>Deb Donahoe</b>	FH Reserved		FH Reserved Handbells 10am		<b>Pastor Day Off</b>	FH Reserved
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## Northwest United Protestant Church

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### Staff:

Miriam Gentle ..... Pastor  
 Anna Kion .....Moderator  
 Erica Nunez.....Secretary  
 Sue Lincoln..... Choir Director/Pianist

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